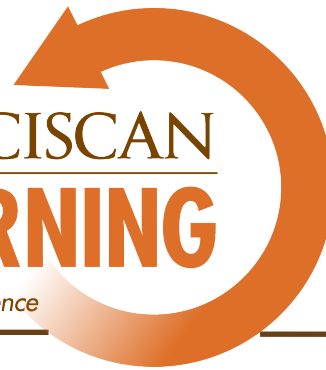




SYLVANIA FRANCISCAN LIFELONG LEARNING

Connecting Curiosity to Knowledge and Experience



2026

SUMMER

Updated 5/13/26

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Lifelong Learning
P: (419) 824-3707
lifelong@sistersosf.org

Tech Support Only
(419) 824-3807

Class locations
are emailed 5 days prior
to event start date.
Please add
noreply@imperisoft.com
to your email contacts.

What is Lifelong Learning?

It's fun! Educational, engaging, and social classes, trips, and lectures organized by the Sisters of St. Francis of Sylvania. Learning for fun, with no exams or grades!

Who can join?

Lifelong Learning invites all adults who find joy in learning, regardless of age, religion, or educational background.

What are the benefits of membership?

- Join a community of friendly and inquisitive people
- Discounts on all classes, travel, and events
- Occasional event exclusives

Membership is optional but pays for itself if you participate in a few events. All memberships expire on August 20, 2026 regardless of the date you join. To be fair, the cost of membership is highest in the fall, lower in the spring, and lowest in the summer.

CALL FOR INSTRUCTORS

Have a special hobby, skill, or interest you'd like to share with others? Come teach a class with Lifelong Learning! We are booking Fall '26 & Winter '27 courses now. Email lifelong@sistersosf.org for details.

Announcements & Highlights

- We are launching a new & *improved* registration website this summer!
- **Summer Registration Opens at 9am on May 15**
 - Anyone is welcome to register themselves online or attend a registration event in person. We will use a take-a-number system so everyone can relax and enjoy while they await their turn.
 - See p. 2 for registration event & workshop details.
 - See p. 13 for all registration information and options.
- Upcoming Trips:
 - June 10th: Shipshewana Amish Country
 - June 24th: A Day of Lavender & Wine
 - July 8th: Schedel Arboretum & Gardens
 - See p. 2 - 4 for more!

REGISTRATION EVENTS

*** These events are free and do not require prior registration ***

The most expedient way to register is ONLINE at www.lourdes.edu/LLLregistration. **Anyone is welcome to register themselves online, beginning at 9am on May 15th**. If you feel confident navigating a new website, you do *not* need to attend a registration event. However, you must have an account on our new website before you can register. If you registered with us for any event since August 2025, you will receive an email with your new login information before 5/15. If not, you'll need to start a new account on the new website (name, address, and email are required). If you need help, please attend one of the events below. Additionally, each registrant must have their own unique email address to register. If you do not have your own individual email address, we can help you create one at a **registration workshop**.

Registration Opening Event

Franciscan Center Common Area
9:00 AM – 12:00 PM, Friday, May 15

***Free lecture in the Conference Room from 10:00 – 11:00 AM ***

We are holding a series of registration workshops to help everyone learn the new website.

Registration Workshops

Canticle Center Computer Lab
5335 Silica Dr., Room 155
Sylvania, OH 43560

Tuesday, May 19: 10:00 AM – 2:00 PM

Wednesday, May 20: 10:00 AM – 2:00 PM

Thursday, May 21: 10:00 AM – 2:00 PM

DAY TRIPS

*These are bus trips, typically taking 1-2 hours to reach our destination. All leave from the Lourdes parking lot and include lunch. **Start times indicate when the bus departs from campus – be sure to arrive early.** Details are emailed to registrants a week prior to the trip. **Please Note:** If you have special dietary considerations (e.g. vegetarian), you must notify Lifelong Learning at the time of registration.*

Shipshewana Amish Country

8:00 AM – 6:30 PM, Wednesday, June 10th
Registration deadline: May 15th

Join us for a day of exploration in Shipshewana, Indiana's Amish Country! We'll start our day with a guided tour at the Menno-Hof cultural center, which teaches visitors about the faith and life of Amish and Mennonites. Their multi-image presentations, historical

environments, and colorful displays will take us on a fascinating journey inside their unique world.

Next, we'll head to an Amish home for a traditional haystack meal, a build-your-own layered dish. It starts off with a base layer of crackers or rice, followed by your choice of meat, beans, vegetables, cheese and/or sauces. You'll also have your choice of apple, blueberry, or butterscotch cream pie for dessert.

We'll then head back into town to enjoy the gigantic outdoor Shipshewana Flea Market, stopping to see a Quilt Garden or two along the Heritage Trail on our way. Be sure to bring your shopping bags, as you'll find bargains on home decor, clothing, produce, plants, tools, crafts, books, beauty supplies, accessories, handmade items, vintage items and everything imaginable! Bring cash if you'd like to rent a scooter—rentals are \$25 cash for 2 hours.

A Day of Lavender & Wine

10:45 AM – 5:45 PM, Wednesday, June 24th

Registration deadline: Jun. 9th

Join us for a special day featuring delectable wine and soothing lavender! Our first main attraction will be Chateau Winery & Vineyard, where we'll meet the owners and partake in a wine-tasting before enjoying a lunch of sliders, veggies, cheese & crackers. Next, we'll take a self-guided tour of the vineyard and a production tour with the winemaker. Afterward, we'll have a bit of time for everyone to shop their selection of bottled wines or sit and enjoy their beautiful outdoor area and koi pond.

We'll then head to Luckey Road Lavender Farm, where one family's love of lavender blooms across multiple fragrant varieties and 850 beautiful plants in Pemberville, Ohio. We'll be guided through their purple-painted fields as we learn about the history of the farm and pick our own lavender to take home. Of course, we'll also save time for shopping natural bath and body products in their farm shop before heading back to campus.

Schedel Arboretum & Gardens

9:15 AM – 3:00 PM, Wednesday, July 8

Registration deadline: Jun. 21st

Enjoy a beautiful day outdoors at the stunning Schedel Arboretum & Gardens in Elmore, Ohio. With a mission of offering opportunities for the study and appreciation of nature and the arts, this trip is perfect for nature- and art-lovers alike. In addition to many unusual and exotic species of trees and upwards of 8,000 annual plants and flowers, the Schedel Arboretum & Gardens maintains several themed garden displays where one will find unique

presentations of plants and hardscapes designed to enhance the experience of appreciating nature, including a traditional Japanese garden with torii gate, a rose garden, a tropical garden, a world class bonsai collection, and more.

First, we'll take a guided tour on golf carts to learn about the history, plants, and art of the gardens. Then, we'll meet with a bonsai expert to learn all about these unique trees. Finally, we'll visit the Blair Museum of Lithophanes on site, featuring the largest collection of lithophanes in the world. Lithophanes are fine carvings made in wax and dye, then cast with thin layers of porcelain. Once backlit, the result is a luminous, sepia-toned etching.

Upon wrapping up our fascinating tour, we will be treated to an al fresco lunch of sandwiches, pasta salad, chips, cookies, and beverages.

S.A.V.E. Eco-Tour: Hidden Lake Gardens

9:00 AM – 2:30 PM, Wednesday, July 22

Registration deadline: Jun. 30th

Join us for a special tour of Hidden Lake Gardens in Tipton, MI, co-organized by the Science Alliance for Valuing the Environment. Located in the scenic Irish Hills of Southeast Michigan, Hidden Lake Gardens is a 755-acre botanical garden that provides visitors with 12 miles of hiking trails, a conservatory, arboretum, bonsai garden, canopy walk, and more. It is owned by Michigan State University and has a mission to connect, inspire, and engage people with the beauty of plants and the wonder of our natural world.

Upon arrival, attendees will be welcome to explore the Visitor's Center and/or conservatory on foot before taking a bus tour of the arboretum with the Managing Director of the gardens, Paul Pfeifer. Paul's oversight of the gardens incorporates curating the arboretum and plant collections. He has been involved in public and ornamental horticulture for over 30 years.

After our tour of the gardens, we'll enjoy a delicious lunch at local favorite, Danley's Country House. The restaurant was established in 1966 and is currently operated by a third-generation owner. Our menu will feature a delectable selection of handhelds, hearty salads, meatloaf,

and more. Vegetarian, vegan, and gluten-free diets can also be accommodated.

Zekelman Holocaust Center

9:00 AM – 4:00 PM, Wednesday, August 12
Registration deadline: Jul. 22nd

Founded in 1984, The Zekelman Holocaust Center is a dynamic institution in Farmington Hills, Michigan, that features a newly renovated museum, research and library archive, special exhibit galleries, educational workshops, and public programming. With a mission to engage, educate, and empower, the center aims to combat rising antisemitism by presenting content that focuses on Holocaust victims' and survivors' personal stories to help visitors understand how the Holocaust could have happened. The museum aims to provide visitors with tools to stand up to hatred and antisemitism wherever they arise, with the ultimate goal of creating a more tolerant and empathetic society.

Our special program for Lifelong Learners will include a museum tour, next generation speaker, a catered lunch, and an educational program. The latter will discuss antisemitism in the United States with a focus on understanding the impact of antisemitism on individuals and institutions. Attendees will be encouraged to think critically about the U.S. response to Nazi ideology and make connections to ongoing antisemitism at home. We will also discuss tools and approaches to contemporary genocide prevention, looking at the United States' responses to the genocides in Rwanda, Bosnia, and Guatemala. By deepening understanding of the Holocaust and its broader lessons, attendees will be empowered to counter hatred and prejudice today.

Our catered hot Kosher lunch will feature an Israeli buffet of falafel, herb tomato salmon, grilled vegetables, salad, hummus, dessert, and more. Vegan & gluten-free options are included.

FREE LECTURES

These lectures happen in the Conference Room of the Franciscan Center. *We kindly request everyone register for free lectures in advance so we can prepare accordingly.*

Art in Public Places: Toledo's One Percent for Art Program

Nathan Mattimoe

10:00 – 11:00 AM, Thursday, June 18

***** Note this lecture is on a Thursday, due to the federal holiday on 6/19. *****

Founded in 1959 as the City Culture Commission, The Arts Commission compiled the city's first comprehensive local arts calendar beginning in 1960. By the end of the decade, the organization was brought under the City's Division of Parks, Recreation, and Forestry to aid in public art investments at Crosby Gardens (now Toledo Botanical Gardens).

In 1977 significant legislation passed that cemented The Arts Commission's role in the community with the founding of the City of Toledo's One Percent for Art program. Overseen by The Arts Commission's Art in Public Places Committee, the program allocates a portion of City funds for public art. Toledo's One Percent for

Art program was the first in Ohio, among the first in the nation, and has since served as the adopted model for other regional agencies. It continues to this day and features an impressive collection of over 150 pieces of public art with work from more than 100 local, national, and international artists installed in nearly every neighborhood in the city.

Join us for an overview of the program, highlights from the collection and a sneak peek of upcoming public art projects for 2026 and '27.

Nathan Mattimoe has managed the Art in Public Places program for thirteen years and has been Director of the program for four years. He has a BA in Sculpture from the University of Toledo and is currently the Board Chair for Toledo Design Collective, a nonprofit organization dedicated to improving the function and aesthetic of the Toledo region. He is also a visual artist, DJ and music producer.

Environmental Activism: Lake Erie Advocates

Mike Ferner

10:00 AM – 11:00 AM, Friday, July 24

Join us for a discussion about the work of Lake Erie Advocates, whose ongoing mission is to safeguard the health of our lake from the environmental threat caused by factory farms and other sources.

Mike Ferner is the founder of Lake Erie Advocates, a grass roots local environmental group that has been meeting since 2016 in response to the Toledo water crisis. Mike's environmental activism began in Toledo in the mid 1970's after reading articles about nuclear power, prompting him to organize the Toledo Coalition for Safe Energy. As an independent member of Toledo City Council, Mike sponsored a million-dollar investment in energy efficiency for city buildings, the largest such program undertaken in Ohio at that time.

Natives of the Maumee Valley

Dr. Shannon Hughes

10:00 AM – 11:00 AM, Friday, August 21

Living in Northwest Ohio, the Natives of the Maumee Valley relied on the land's resources for survival. Learn about trading, clothing and other aspects of daily life and culture of the 1790s Maumee Valley.

Dr. Shannon Hughes has worked with Metroparks Toledo for 20 years and is the Director of Education and Programming as well as Metroparks' Historian, responsible for a staff of 50 and interpretive programming for over 150,000 visitors district-wide. She holds a Bachelor's of Arts from Hiram College and a Master's in Public Administration as well as a Doctorate in Leadership and Policy Studies in Human Development from BGSU. She is also a *Certified Interpretive Planner* and a *Certified Interpretive Trainer* through the National Association of Interpretation and a *Certified National Geographic Educator*. She was also a recipient of the 20 Under 40 Leadership Award in 2022.

SPECIAL EVENT

Planetarium Show: Dawn of the Space Age

Carl Holas

1:00 - 2:00 PM, Tuesday, June 16

Registration deadline: Jun. 8th

Re-live the excitement of the early days of space exploration - from the launch of the first

artificial satellite, Sputnik, to the magnificent lunar landings and privately operated space flights.

Carl Holas is an Adjunct Faculty member at Owens Community College who has taught math and is currently tutoring. He has been conducting shows in our Appold Planetarium since 2023.

OUTINGS AROUND TOWN

Local outings meet off-campus and transportation is NOT provided by Lifelong Learning. All registrants are responsible for getting themselves to the meeting point. Further instructions are emailed to registrants a week prior to the outing. Registrants are welcome to arrange their own carpools to meet at Lifelong Learning, if desired. If carpooling, please make sure any vehicles left in the campus parking lot display a LLL Parking Pass or Member Sticker in their back window.

MEMBER EXCLUSIVE:

Virtual Dementia Tour

1:00 – 4:00 PM, Thursday, July 16

Meets at the hospice (ample parking on site)

Registration deadline: Jul. 8th

Join us at Hospice of Northwest Ohio to participate in The Virtual Dementia Tour® (VDT). VDT is an evidence-based experience created to build a greater understanding and empathy of people living with dementia. How does it work?

Participants wear special gear that alters their senses (vision, hearing, touch) to mimic the effects of dementia, while completing tasks that highlight the challenges faced by people with the disease. ****There will be sensory alterations, including a strobe light. If you have a medical condition that prohibits this, please indicate this upon registering.*** There is ample parking at the location.

Dawn Gramling, Social Work Hospice Educator, will be your dementia guide and facilitator for this experience. Hospice of Northwest Ohio is the region's leading hospice provider, with more than 40 years of nonprofit experience. What began at their Perrysburg campus has grown into five locations serving communities across the region.

*** *Note: Due to limited space and administrative costs, this free event is only available for Lifelong Learning members to book. Your membership fee helps to offset our administrative costs for this event. Thank you!* ***

National Museum of the Great Lakes
10:00 – 11:30 AM, Wednesday, August 5
Meets at the museum (ample parking on site)

Registration deadline: Jul. 28th

The Great Lakes are one of the world's most vital natural resources—and home to thousands of years of powerful human stories. The National Museum of the Great Lakes preserves, shares, and celebrates those stories through immersive exhibits, hands-on experiences, and dynamic programming that bring history to life.

Join us for a special tour of the museum's 500+ artifacts, engaging interactives, and powerful stories across nine exhibit galleries—including *Currents of Change*, a temporary exhibit about the changing ecology of the Great Lakes. After our guided tour, attendees will be free to roam on their own to shop in the museum store and/or explore the 617-foot *Col. James M. Schoonmaker* Museum Ship (some may remember it as the *Willis B. Boyer*) and the historic Museum Tug *Ohio* for a one-of-a-kind, on-the-water experience. *** *NOTE: The ships are historical artifacts and therefore **not** ADA-compliant. Attendees wishing to explore these artifacts will need to climb stairs to enter them.*

CLASSES

Nazareth Hall: A History based on the Order of the Sacred Hearts

Tom Sorosiak
10:00 – 11:00 AM, Tuesdays
June 9 – June 30 (4 weeks)
Registration deadline: Jun. 1st

This four-session course will begin by tracing the beginning of the Ursuline Order in Europe to America. The vocational philosophy of the Ursuline Order and how it contributed to early American History will be explained, beginning in New Orleans. The next two sessions will cover the introduction of the Ursuline Order to NW Ohio and eventually Toledo. It will continue from there to directly address the construction of Nazareth Hall in 1925 to the present time. During the sessions there will be a historical slide

presentation of Nazareth Hall. The final session will be dedicated to discussion of Tom Sorosiak's recently published book about Nazareth Hall.

Note: Students will have the option to purchase Tom's book, *Nazareth Hall: A History Based on the Ursuline Order of the Sacred Heart's Vision for Education*, in class. The book retails for \$20. **Please come prepared with cash or check if you'd like to purchase a book from Tom.**

Tom Sorosiak retired from teaching in the History Department at BGSU. He has taught a graduate course and workshops on Holocaust education and genocide.

ONLINE CLASS:
Appearing Tonight, the ORIGINAL...? The Fascinating and Tortured History of the Drifters and the Platters
L. Paul Hood, Jr., JD, LL.M.

10:00 - 11:30 AM, Thursdays
June 11 – 18 (2 weeks)
Registration deadline: Jun. 7th

This course covers the fascinating and complex history of two of rock 'n roll's most successful and storied groups: the Drifters and the Platters. Both formed in the early 1950's on different coasts (the Drifters in New York, and the Platters in Los Angeles). The Drifters enjoyed top-40 recording success in both the United States and Great Britain over more than a 20-year period, selling more than 200 million records. The Platters produced chart-topping records for over a decade and sold over 80 million records. But with commercial success often comes litigation, and, in the cases of the Platters and the Drifters, it came in boatloads. There are more than 200 reported judicial decisions involving litigation around either the Drifters or the Platters. In this course, Paul will make a case for the proposition that the legal organization of both groups is what led to the flood of litigation.

A native of Louisiana, Paul Hood obtained his undergraduate and law degrees from Louisiana State University and an LL.M. in taxation from Georgetown University Law Center before settling down in the New Orleans area. Paul has taught at the University of Toledo College of Law and Ohio Northern University Pettit College of Law. A passionate history buff, Paul teaches history of tax law, and he has taught courses and given numerous speeches about a wide variety of historical subjects from the history of the papacy to the governors of Louisiana.

The Science of Reading

Lindsay Vance

10:00 AM – 12:00 PM, Tuesday, June 16

Registration deadline: Jun. 8th

This course breaks down the body of research known as the "Science of Reading" in a clear, practical way. We will explore how the brain learns to read as well as literacy models that inform effective reading instruction. We will discuss phonemic awareness, phonics, fluency, vocabulary, and comprehension. This class will include examples, tools, and ideas you can use to

help children grow into confident, capable readers.

Dr. Lindsay Vance joined the Lourdes community in 2021 and served as an Assistant Professor and Program Coordinator of Teacher Education in partnership with Tiffin University. With over 15 years of experience in elementary and middle school classrooms, she is passionate about literacy instruction, multicultural education, and effective teaching practices. Dr. Vance works to ensure course alignment with the Science of Reading and is actively involved in professional education organizations focused on improving literacy instruction across the state.

Exploring Women's Experience Through Clay

Kelly Averill-Savino

9:30 AM – 12:30 PM, Wednesdays

June 17 – July 8 (4 weeks)

Registration deadline: Jun. 3rd

Since ancient times, women have been drawn to vessels for gathering. Our bodies are vessels, as well, and our "gatherings" can include stories and memories, secrets and intentions. We will look at images, do a little freeform journaling and brainstorming, and create objects of personal, spiritual and symbolic meaning.

Classes begin with a brief lecture and slide show with examples of ancient and contemporary clay work. Using some basic hand-forming techniques and the magical, malleable medium of clay, join us to explore this primal connection to our ancestors and the earth. No clay experience required.

* **Week 1: The Gathering Vessel:** Consider the role of the vessel in anthropological records, and create a container to hold totems of your inner world. (As in all your projects, you can choose whether to share the meanings of your creations, or keep them personal.)

* **Week 2: The Personal Altar:** Learn about the variety and beauty of household altars across time and cultures, then do some brainstorming and create your own altar, for the sacred or the mundane. Honor an ancestor or loved one, glorify a daily ritual, or create a spot for meditation.

* **Week 3: The Four Elements:** The clay is both water and earth. In this class, we finish and decorate our previous projects, learn about

primitive firing techniques, and experiment with our own “air and fire” processes in finishing clay.
* **Week 4: The Village:** after brainstorming about our own comforts and material needs, we will engage our sense of play and consider both the personal and a sense of community by building a village in clay. This will be a collaborative project as well as a final gathering to celebrate, show and discuss the work we have completed during this course.

Kelly Averill-Savino is a local artist with a graduate degree in Folklore and an MFA in Ceramics. Her interests in ancient clay and cultural traditions inspire her work.

The Death Deck

Dawn Gramling

1:00 – 2 :30 PM, Monday, June 22

Registration deadline: Jun. 14th

This session breaks the ice using © *The Death Deck* to spark lively, meaningful discussion around the topic of death. Are you ready to have important — and even enjoyable — conversations about end-of-life preferences? Using simple conversation cards as prompts, this presentation helps learners feel more comfortable opening up about life, death, and what matters most.

Dawn Gramling is a Licensed Independent Social Worker with over 20 years of experience as a medical social worker. Dawn is a Certified Hospice and Palliative Care Social Worker and has been working at Hospice of Northwest Ohio for 9 years. She currently works as a hospice educator in the clinical setting and the community.

Blind Tasting

Nicholas Kubiak

6:30 – 8:30 PM, Tuesday, June 23

Registration deadline: May 27th

*** Class fills quickly! ***

In this class you will be challenged to taste six wines blind. You will be tasked with trying to determine the grape and what county it is from. Working as a group or on your own, we will examine each wine and decode the messages that each wine is telling us. Over the 6 examples that we taste, we will sharpen our skills

of sight, smell, taste and communication. You are welcomed to bring your own food to accompany the wine.

Nicholas Kubiak is a Certified Specialist of Wine and Spirits and a veteran of our local wine industry.

Zentangle 101: Exploring Creativity

Victoria Webb

1:00 - 4:00 PM, Friday, June 26

Registration deadline: Jun. 7th

Discover the relaxing and fun world of Zentangle in this beginner-friendly workshop! Zentangle is a simple drawing method that uses structured patterns—called “tangles”—to help you create beautiful designs while learning the fundamentals of this creative method. This class is perfect for adults who are new to art or looking for a mindful way to unwind.

In this introductory session, you’ll learn the basics of the Zentangle method step-by-step in a supportive and welcoming environment. You’ll practice drawing simple tangles, explore your creativity, and experience the calming, mindful benefits of this unique art form. No art experience is needed—just bring your curiosity! All materials will be provided, and you’ll get to keep them so you can continue practicing at home.

The workshop is led by Certified Zentangle Teacher Victoria Webb, who began her Zentangle journey as a way to relax and reconnect with creativity. Victoria brings warmth, encouragement, and a passion for helping students develop confidence and joy through the Zentangle method.

Come join us, connect with others, and take your first step into the world of Zentangle!

ONLINE CLASS:

Europe on a Verge of Far-Right Revolution

Jarosław Szczepański

12:00 – 1:15 PM, Monday, June 29

Registration deadline: Jun. 23rd

In this timely lecture, explore the dramatic evolution of Europe's political landscape from 2025 to projected scenarios for 2027. The presentation traces the deepening divide between pro-EU centrists, liberals, and rising conservative-nationalist forces often labeled anti-woke or reformist—a shift that increasingly overrides traditional left-right lines.

Drawing on 2025 parliamentary compositions, averaged polling trends, and country-specific dynamics (with a focus on Poland, France, Germany, the UK, and others), the talk examines drivers like migration crises, war fatigue in Ukraine, economic pressures, and institutional tensions (e.g., cohabitation risks in France or presidential vetoes in Poland). It presents two forecast variants for 2027: a moderate scenario with gains in Poland, the UK (potential Reform UK surge and early elections), and limited ripple effects; and a maximalist one involving breakthroughs in France (National Rally presidential win) and possibly Germany, leading to a broader conservative-nationalist bloc, potential EU decentralization, altered qualified majority voting dynamics in the Council, and strains in NATO/transatlantic ties.

Participants will gain insight into key leaders (e.g., Jordan Bardella, Alice Weidel, Giorgia Meloni, Sławomir Mentzen), the fragility of current centrist cordons sanitaires, and whether Europe faces a true "counterrevolution" or contained adjustments.

Students can expect a balanced, evidence-based discussion of risks, opportunities, and implications for European integration—no crystal ball, but grounded projections from real data and trends. This class is ideal for those interested in current affairs, history's echoes, and what might come next for the continent.

Jarosław Szczepański trained as a political scientist and lawyer and currently works as an assistant professor from the University of Warsaw in Poland. He was a 2021 Fulbright Fellow at OSU and recently conducted research at Victoria University of Wellington.

Seeing History Through Impressionist Art

Carol Schwartz

10:00 AM - 12:30 PM, Tuesday, July 7

Registration deadline: Jun. 29th

Impressionism is one of the most popular art movements, even with people who claim not to appreciate art. This session is an opportunity to discuss why this art is so engaging and explore what these images reveal about dramatic changes in the world of visual art. Many of the works presented are from the Toledo Museum of Art collection.

Carol Schwartz, Ph.D., loves to learn and finds it more fun to learn with others. She has taught students from junior high through graduate school, both online and face-to-face. After retiring from Lourdes University, Dr. Schwartz became a Docent at the Toledo Museum of Art, which allows her to combine her appreciation for art with a historical background to create a fuller perspective.

Holy Merry

Sheila Otto

10:00 AM - 12:00 PM, Wednesdays

July 8 - 15 (2 weeks)

Registration deadline: Jun. 30th

As a child were you ever told to stop playing and laughing in church? Somber and serious was a standard church protocol. Yet, Teilhard de Chardin's "Joy is the most infallible sign of the presence of God's presence" aligns more closely with the spirit of most world religions.

Joyful stories abound: Judaism's Bal Shem Tov, Islam's Nasrudin, Buddhist koans and many Christian saints are fabled humorists. Join storyteller Sheila Otto to explore joyful stories from the world's faith traditions. Discover how laughing at ourselves is holy merriment.

Glass Gardens: Terrarium Building

Jessica Trumbull

3:00 – 5:00 PM, Wednesday, July 15

Registration deadline: Jul. 5th

Join us as we guide you through the art of creating your very own terrarium, a miniature garden enclosed in glass! Each terrarium is an individual miniature ecosystem, and best of all, no maintenance is required once created! Whether you are a seasoned plant expert or just getting started on your plant journey, this fun class is

perfect for everyone. All supplies, including containers, plants, springtails (insects), moss, and step-by-step instructions will be provided, but if you have your own 32oz jar you would like to use you are more than welcome to bring it along!

Jessica Trumbull studied agriculture at MSU and has spent four years practicing the art of terrarium building. She now runs a small business, Glass Gardens by Jess, selling terrariums at pop-up shops and artist events around Toledo.

Elevation in the Vineyard: How Altitude Shapes Wine

Nicholas Kubiak

6:30 – 8:30 PM, Thursday, July 23

Registration deadline: Jul. 15th

**** Class fills quickly! ****

Elevation is one of the most powerful yet often overlooked factors influencing the character of wine. In this class, we explore how vineyards planted at different altitudes create dramatically different expressions of the same grape varieties.

Higher elevations typically experience cooler temperatures, greater diurnal temperature swings, increased sunlight intensity, and slower ripening cycles. Lower elevation vineyards, by contrast, tend to produce wines that are fuller-bodied, richer, and more fruit-forward due to warmer growing conditions and faster ripening. Through a guided tasting of six wines sourced from both high-altitude and low-elevation vineyards around the world, participants will experience how elevation influences grape ripening, acidity, tannin development, and flavor intensity.

Nicholas Kubiak is a Certified Specialist of Wine and Spirits and a veteran of our local wine industry.

Zentangle 102: Deepening Your Practice

1:00 - 4:00 PM, Friday, July 24

Registration deadline: Jul. 5th

Ready to take your Zentangle journey to the next level? This advanced workshop is designed for students who have completed Zentangle 101 and are eager to build on their foundational skills. Each 102 class is unique and

seasonal, offering a different focus and set of techniques depending on the session.

In this class, you'll explore more complex patterns (tangles), learn creative ways to combine them, and dive into advanced techniques such as shading, layering, and using string variations. You'll also have the opportunity to develop your own unique style while gaining confidence in your artistic voice.

Certified Zentangle Teacher, Victoria Webb, CZT will guide you through enriching exercises that promote mindfulness, creativity, and artistic growth. The class provides a supportive space for deeper exploration and encourages students to expand their Zentangle practice with intention and curiosity. All materials will be provided, including new supplies to support your continuing practice.

Come reconnect with your Zentangle community, challenge yourself creatively, and enjoy a deeper sense of calm and inspiration through this beautiful art form.

Broken Made Beautiful

Sheila Otto

9:00 AM - 12:00 PM, Wednesday, July 29

Registration deadline: Jul. 21st

Kintsugi ("golden joinery") is the ancient Japanese art repairing broken pottery with lacquer and gold. In kintsugi the repaired piece is viewed as stronger and more beautiful, healed and transformed. In this class we will practice the art by intentionally breaking a piece of simple pottery. Using epoxy and gold embossing compound, we will simulate the ancient art of kintsugi. After growing comfortable with the process, we will repair another piece that might have some history for you. The process of repair can be freeing. Mending, patching, and transforming broken parts creates something new and beautiful. Conversation and noticing your own process will be encouraged in the class.

Climate & Wine: From Cool and Rainy to Hot and Dry

Nicholas Kubiak

6:30 – 8:30 PM, Thursday, August 20

Registration deadline: Jul. 29th
**** Class fills quickly! ****

Climate is one of the most powerful forces shaping the character of wine. Temperature, rainfall, sunlight, and growing season length all influence how grapes ripen, affecting acidity, sugar levels, flavor intensity, and structure. In this class, we explore how wines from **cool, wetter climates** differ from wines grown in **warm, dry regions**. Cool climates tend to produce wines with higher acidity, lighter body, and more delicate aromatics. Warmer climates, by contrast, often create wines that are fuller-bodied, richer,

and more fruit-forward due to increased ripeness and sugar accumulation.

Through a guided tasting of six wines sourced from contrasting wine regions around the world, participants will learn how climate shapes grape development and ultimately determines the style of the finished wine.

Along the way we will discuss the science behind grape ripening, how growers adapt to different climates, and how climate change is reshaping the global wine map.

Nicholas Kubiak is a Certified Specialist of Wine and Spirits and a veteran of our local wine industry.

VOLUNTEER OPPORTUNITIES

**** Have fun & socialize while making a difference in the community! ****

Garlic Mustard Pulling

12:00 – 2:00 PM, Tuesday, June 2

Meets on campus, at the Franciscan Center

Registration deadline: May 25th

Invasive species like garlic mustard can spread quickly and crowd out the native plants that make our forests healthy and vibrant—but together, we can make a real difference! On the campus of the Sisters of St. Francis, our grounds team is taking action by hand-pulling garlic mustard to help restore balance and protect our local ecosystem.

We'd love for you to join us for this hands-on, rewarding volunteer experience! It's a great way to spend time outdoors, connect with others, and directly support the health of our forest. Just bring a pair of gloves if you'd like, and wear comfortable, weather-appropriate clothing you don't mind getting a little dirty.

If the weather doesn't cooperate, no worries—we'll send out an email ahead of time with updates and a rain date.

Come be part of the effort to protect and restore our natural spaces—every plant pulled makes a difference!

Weeding Warriors

Date and time TBD

Meets on campus, exact location TBD

**** Please sign up if you're interested and we'll email you when all details are set.*

Looking for a meaningful way to connect with nature while making a visible impact? Join us for a volunteer opportunity that's as rewarding as it is refreshing! Help us keep our campus beautiful and thriving by hand-pulling weeds from our garden beds—an easy, hands-on way to support a healthy, balanced ecosystem.

This is more than just yard work—it's a chance to slow down, enjoy the outdoors, meet new people, and leave knowing you've made a difference you can actually see. Whether you're passionate about sustainability or just looking for a positive way to spend your time, everyone is welcome.

Feel free to bring a pair of gloves if you'd like, and be sure to wear comfortable, weather-appropriate clothing. Once you sign up, we'll send you all the details ahead of time, including the meeting location, date, and time.

Come dig in, get your hands a little dirty, and be part of something that helps our campus—and community—grow!

POLICIES & PROCEDURES

*** Please keep this page for your records. ***

REGISTRATION (see Registration Form for all details)

- Summer registration will open at **9am on May 15th**.
- **The best way to register for classes is online at www.Lourdes.edu/LLLregistration.** This will *automatically enroll you* in your desired classes, events, and trips.
 - You may pay with credit card online.
 - Upon successful registration, you will receive a confirmation via email and, if you opted in, a text. *Please be sure to enter your email address and cell phone number correctly. You must also give us the name of your cell phone carrier to ensure proper text delivery.*
- We will host **free workshops** to teach everyone how to register themselves online. Please see p. 2 for all dates and details.
- Registrations can be mailed to Lifelong Learning, c/o Sisters of St. Francis, 6832 Convent Blvd., Sylvania, OH 43560 or left in the LLL drop box at the Russell Ebeid Hall Information Desk.
Checks must be made out to the Sisters of St. Francis, Sylvania OH.

SUMMER 2026 CANCELLATION POLICY

If Lifelong Learning must cancel a class/event/trip for any reason: All refunds will be issued via a Lifelong Learning gift card, which will appear as a credit balance in your online account. If you prefer a refund to your original payment method, please email lifelong@lourdes.edu. If the original payment method was credit card, you will receive the refund to your credit card account. If it was cash or check, a check will be mailed to the address on your most recent registration form within 10-14 business days.

Student Cancellation

- If you cancel **before** the registration deadline: Full refund (minus any online payment processing fees we paid on your behalf) to a gift card/credit on account, unless you specify you want it refunded to your original payment method.
- If you cancel **after** the registration deadline: No refund, *unless we are able to fill your spot with a waitlister. **If you cancel within 2 business days of a class/event start date, it is unlikely we will be able to fill your spot.***
 - If the event is waitlisted, your spot will be offered to those on the waitlist (in the order they appear on the list). We will approve a refund once your spot has been claimed.
 - If there is no waitlist or if you're cancelling within 2 business days of the class/event/trip, you may sell your spot to someone else but *you must email lifelong@lourdes.edu to let us know who is taking your place.*
- If you experience an emergency situation that causes you to miss a class/event at the last minute, please email lifelong@lourdes.edu to explain and request a policy exception *within 30 days of the class/event start date.*
- Any refund requests must be made **via email** and you must specify if you want the money to go back to your original payment method. **Any non-refundable fees or expenses we have incurred prior to your cancellation will be deducted from any refund we approve.**

Be sure to note the registration deadlines. Some trips/classes/events have earlier deadlines.

WAITLIST POLICY

If you do not get into an event for which you pre-paid by dropping off or mailing your registration & payment, your refund will be processed *after* the event starts. Allow 10-14 business days for delivery.

SUMMER 2026 REGISTRATION FORM

Registration confirmations and reminders are *emailed*. Please add noreply@imperisoft.com to your contacts to receive these communications.

*** IMPORTANT: If you are registering guests, you must complete a separate form with all fields completed for each guest you are registering. **Each registrant must provide their own individual email to register**. If you do not have an email address, we will help you create and learn how to use one. Please attend a registration workshop (see p. 2) or call (419) 824-3707 to make an appointment.

Name: _____ Cell Phone: _____

If you wish to receive text reminders, please write the name of your cell phone carrier (AT&T, Verizon, etc.) below.

Cell Phone Carrier: _____

Email (please print): _____

Street: _____

City: _____ State: _____ Zip Code: _____

Registration opens at 9am on May 15th. Registration is accepted via any of the below methods. In ALL cases, your registration form and payment must reach us by the registration deadline.

- **Online at www.Lourdes.edu/LLLregistration (strongly encouraged)**
 - This is the best way to ensure your immediate enrollment.
 - We offer registration events to assist with the process (see p. 2 for details)
- **Leave in the drop box at the Russell Ebeid Hall's Information Desk**
 - Russell Ebeid Hall is Building 7 on the campus map (see p. 15)
 - Follow the orange paw prints to the building entrance
 - The information desk is straight ahead of you upon entering from the foyer
 - The box is on the counter, all the way to the left, labelled "Lifelong Learning Drop Box"
- **Mail your form & check to:**
 - Lifelong Learning c/o Sisters of St. Francis, 6832 Convent Blvd., Sylvania, OH 43560
 - Check payable to **SISTERS OF ST. FRANCIS, SYLVANIA OH**
 - **Note:** Lifelong Learning is not responsible if a student misses out on something due to unexpected mail delays. Additionally, please know that forms dropped off or received in the mail prior to or during the registration opening event on 5/15 are entered into our system AFTER the in-person event.

Upon successful registration, you will receive a confirmation email. *If you do not receive this, you are NOT registered.* Please email lifelong@lourdes.edu if you encounter problems.

SUMMER 2026 REGISTRATION FORM

Registration confirmations and reminders are *emailed*. Please add noreply@imperisoft.com to your contacts to receive these communications.

Membership *Memberships expire August 20, 2026*

- | | |
|---|------|
| <input type="checkbox"/> Summer 2026 Membership | \$15 |
| <input type="checkbox"/> Paid in Fall 2025 or Spring 2026 | |
| <input type="checkbox"/> Lourdes Alumni | Free |
| <input type="checkbox"/> Lifelong Learning Instructor | Free |
| <input type="checkbox"/> S.A.V.E. Member | Free |

NOTE: Anyone who paid for a 2025-26 membership in the Fall or Spring is covered as a member for any classes/events occurring before 8/20/26. The \$15 fee here is only for those who did not sign up for membership in Fall or Spring and want to take advantage of member pricing for Summer.

Support Lifelong Learning

- Lifelong Learning program \$ _____
- Lifelong Learning Scholarship \$ _____

Travel *Member / Nonmember price*

- | | |
|--|---------------|
| <input type="checkbox"/> A Day of Lavender & Wine | \$146 / \$172 |
| <input type="checkbox"/> S.A.V.E Hidden Lake Gardens | \$90 / \$106 |
| <input type="checkbox"/> Schedel Arboretum & Gardens | \$72 / \$85 |
| <input type="checkbox"/> Shipshewana Amish Country | \$160 / \$172 |
| <input type="checkbox"/> Zekelman Holocaust Center | \$125 / \$137 |

Free Lectures

- Art in Public Places: Toledo's 1% for Art Prog.
- Environmental Activism: Lake Erie Advocates
- Natives of the Maumee Valley

Special Events *Member / Nonmember prices*

- Planetarium: Dawn of the Space Age \$5 / \$7

Outings Around Town *Member / Nonmember*

- Virtual Dementia Tour \$0 (Members only)
- Natl. Museum of the Great Lakes \$30 / \$36

Classes *Member / Nonmember price*

- | | |
|--|---------------|
| <input type="checkbox"/> Broken Made Beautiful | \$30 / \$42 |
| <input type="checkbox"/> Death Deck, The | \$16 / \$28 |
| <input type="checkbox"/> Exploring Women's Exper. (Clay) | \$130 / \$160 |
| <input type="checkbox"/> Glass Gardens: Terrarium Building | \$46 / \$58 |
| <input type="checkbox"/> Holy Merry | \$35 / \$48 |
| <input type="checkbox"/> Nazareth Hall: A History... | \$35 / \$48 |
| <input type="checkbox"/> Online class: The Drifters & Platters | \$30 / \$42 |
| <input type="checkbox"/> Online class: EU Far-Right Revol. | \$16 / \$28 |
| <input type="checkbox"/> Seeing History thru Impressionist... | \$28 / \$40 |
| <input type="checkbox"/> Science of Reading, The | \$26 / \$38 |
| <input type="checkbox"/> Wine Class: 6/23 Blind Tasting | \$32 / \$45 |
| <input type="checkbox"/> Wine Class: 7/23 Elevation in Vinyd | \$32 / \$45 |
| <input type="checkbox"/> Wine Class: 8/20 Climate & Wine | \$32 / \$45 |
| <input type="checkbox"/> Zentangle 101: Exploring Creativity | \$71 / \$89 |
| <input type="checkbox"/> Zentangle 102: Deepening Practice | \$71 / \$89 |

Volunteer Opportunities

- Garlic Mustard Pulling
- Weeding Warriors

Brief Survey:

Please checkmark any of the below possible classes you would like to see us offer:

- Ceramics
- Crocheting
- Drawing
- Journal-making
- Knitting
- Painting
- Photography
- Printmaking
- Psychology
- Sewing
- Spanish Language
- Weaving
- Other (please write in):

Total: \$ _____

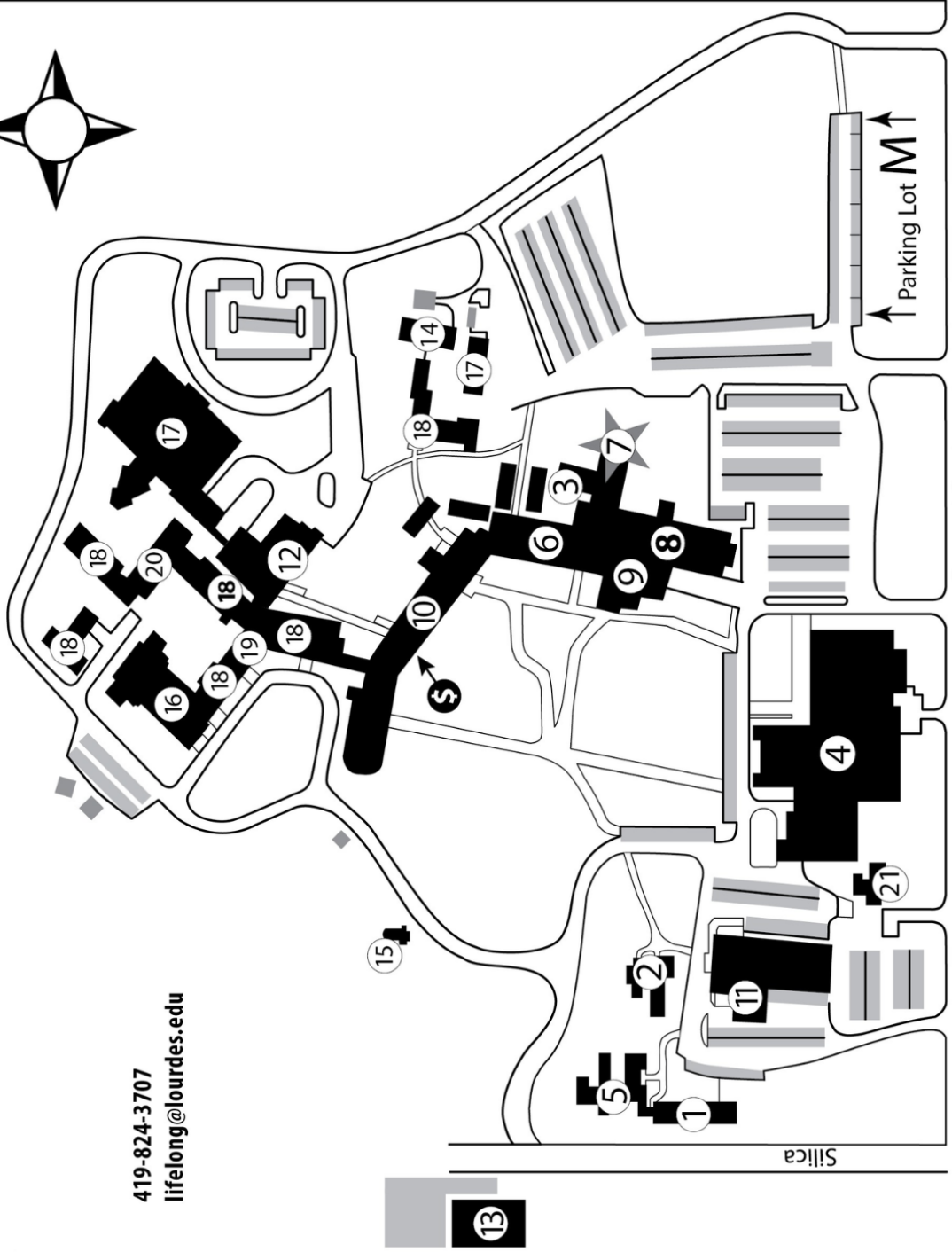
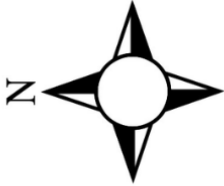
To help the environment, check here to go *paperless* & receive future brochures **ONLINE ONLY**.

Sylvania Franciscan Lifelong Learning

6832 Convent Boulevard • Sylvania, Ohio 43560

www.lourdes.edu/lifelong

419-824-3707
lifelong@lourdes.edu



Campus Buildings

- 1 Assisi Hall (ASI)
- 2 Carmel Hall (CAH)
- 3 Delp Hall (DEH)
- Ebeid Student Center
- Academic Success Center

- 4 Franciscan Center (FC) and Board Room
- 5 St. Agnes Hall (SAH)
- 6 Lourdes Hall (LH)
- Appold Planetarium

- 7 Russell J. Ebeid Hall (REH) Information Desk

- 8 Mother Adelaide Hall (MAH)
- 9 Dining Hall

- 10 Saint Clare Hall (SCH)
P Finance Office (145)
- Duns Scotus Library

- 11 Saint Francis Hall (SFH) and Lounge

- 12 Saint Joseph Hall (SJH) The Flask Nursing Center

- 13 Canticle Center
5335 Silica Dr.

- 21 Welcome Center
Admissions & Financial Aid

Sisters of Saint Francis Buildings

- 14 Alverno Studio
- 15 Portiuncula Chapel
- 16 Queen of Peace Chapel
- 17 Rosary Care Center
- 18 Sisters of Saint Francis
- 19 All Good Things
- 20 Regina Hall

to Main St. —————>



Sisters of St. Francis
6832 Convent Blvd.
Sylvania OH 43560

SUMMER 2026

419-824-3707

lifelong@sistersosf.org

www.Lourdes.edu/LifeLong

